

Assorted milk served during all meals - Fresh fruit is an option each day canned fruit is offered

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1					1 Elem & Sec: Grilled cheese sandwich Tomato rice soup w/ crackers Carrots & celery sticks Reduced fat ranch dip Fruit cocktail
	* Contains pork				
WEEK 2	4 Elem: Cinnamon glazed French toast sticks Sausage* and/or scrambled eggs Sec: Baked potato w/ broccoli & cheese and Dinner roll A cup of spicy chili Fruit punch Hot apple slices	5 Elem & Sec: Sloppy joe on a roll French fries Coleslaw Sliced peaches	6 Elem: Homemade cheese or meatball Character cinnamon grahams Sec: Pepperoni* or broccoli & cheese calzone w/ dipping sauce Tossed salad w/ Italian dressing Strawberry & banana cup or fruit	7 Elem: Submarine sandwich; choice of tuna, or turkey-ham w/ cheese, lett & tomato Sec: Corn beef Rubeen Homemade minestrone soup w/ crackers Pineapple tidbits	8 Elem & Sec: Roast turkey & gravy on mashed potatoes Seasoned peas Corn Muffin Diced pears
WEEK 3	11 Elem & Sec: Breaded chicken Fiesta rice Steamed broccoli Dinner roll Sliced peaches NAAPID DAY	12 Elem: Beef hot dog on a roll Sec: Double dogs on rolls Baked beans* Pretzel rings Fruit cocktail	13 Elem: Homemade cheese or meatball pizza Granola bar Sec: Baked lasagna w/ sauce Buttered Italian bread Tossed salad w/ Italian dressing Raspberry jello w/ pears & whipped topping	14 Elem & Sec: Pork* parm sandwich Spaghetti w/ spaghetti sauce Seasoned green beans Valentine sherbet	15 Elem & Sec: Monte Cristo* Turkey rice soup w/ crackers Character cinnamon grahams Sliced peaches
WEEK 4	February 18 – 22, 2008 MIDWINTER RECESS				
WEEK 4	25 Elem: Fish sandwich on a roll w/ lettuce Sec: Deluxe fish sandwich on a kaiser Macaroni & cheese Baby carrots Reduced fat Ranch dip Fruit cocktail	26 Elem & Sec: Roast turkey & gravy on mashed potatoes Seasoned green beans Dinner roll Pineapple tidbits	27 Elem: Homemade cheese or meatball pizza Animal crackers Sec: Pepperoni* or broccoli & cheese calzone w/ dipping sauce Tossed salad w/ Italian dressing Sliced peaches	28 Elem & Sec: Rotisserie chicken w/ baked potato Seasoned peas Dinner roll Mandarin oranges	29 Elem & Sec: Spicy Mexican taco in soft or hard shell w/ lettuce, tomato & shredded cheese Dressed-up corn Diced pears Ice juicy
	Additional Elem choices: Yogurt cup w/ bread choice Peanut butter & jelly Sandwich Cheese Sandwich Hamburger Bread choices: Animal crackers Rice Krispie bar Granola Bar Muffin Bread of the Day	Additional Middle School & Secondary in K-8 Pizza (16) (Mon & Thur) Submarine sandwich (Wed) Cheeseburger (Tues & Fri) Peanut butter & jelly sandwich Cheese Sandwich Yogurt (2) w/ bread choice	Additional High School choices: Variety Pizza (16) Hamburger Daily Salad Daily Sandwich Peanut butter & jelly Sandwich Cheese Sandwich	<u>Grab & Go Meals</u> (high schools only)	
				Daily salads: Fruit salad Antipasto salad Chicken Caesar Accompanied by assorted bread basket	Daily Sandwich: Ham & Cheese Tuna Turkey & Cheese On an assortment of breads, rolls & wraps accompanied by fruit