



**Assorted milk served during all meals - Fresh fruit is an option each day canned fruit is offered**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>3 Elem &amp; K-8: Popcorn chicken Corn muffin</p> <p>Seasoned rice Steamed broccoli Cinnamon Applesauce</p> <p><b>1/2 DAY MIDDLE &amp; HIGH SCHOOLS</b></p>	<p>4 Elem &amp; Sec: Rotini w/ meatsauce</p> <p>Buttered Italian bread Seasoned green beans Diced pears YoKids squeezers</p>	<p>5 Elem: Homemade cheese or meatball pizza Fruit snack Sec: Beef stew w/ biscuit</p> <p>Tossed salad w/ Italian dressing Cherry shortcake w/ whipped topping</p>	<p>6 Elem &amp; Sec: Empanada</p> <p>Buttered corn Tortilla chips w/ salsa Mandarin oranges</p>	<p>7 Elem &amp; Sec: Grilled cheese sandwich</p> <p>Tomato rice soup w/ crackers Carrots &amp; celery sticks Reduced fat ranch dip Fruit cocktail</p>
WEEK 2	<p>10 Elem: Cinnamon glazed French toast sticks Sausage* and/or scrambled eggs Sec: Baked potato w/ broccoli &amp; cheese and dinner roll A cup of spicy chili</p> <p>Fruit punch Hot apple slices</p>	<p>11 Elem &amp; Sec: Sloppy joe on a roll</p> <p>Potato rounds Coleslaw Sliced peaches</p>	<p>12 Elem: Homemade cheese or meatball Rice Krispie Bar Sec: Pepperoni* or broccoli &amp; cheese calzone w/ dipping sauce</p> <p>Tossed salad w/ Italian dressing Strawberry &amp; banana cup</p>	<p>13 Elem &amp; Sec: Roast turkey &amp; gravy on mashed potatoes Seasoned peas Corn Muffin Diced pears</p>	<p>14 Elem: Submarine sandwich; choice of tuna or turkey-ham w/ cheese, lett &amp; tomato Sec: Corn beef Rueben on rye</p> <p>Homemade minestrone soup w/ crackers Pineapple tidbits</p>
WEEK 3	<p>17 Elem: Beef hot dog on a roll Sec: Double dogs on rolls</p> <p>Baked beans* Pretzel rings Lime sherbet</p> 	<p>18 Elem &amp; Sec: Chicken quesadilla w/ salsa</p> <p>Fiesta rice Steamed broccoli Sliced peaches</p>	<p>19 Elem: Homemade cheese or meatball pizza Granola bar Sec: Baked lasagna w/ sauce Buttered Italian bread</p> <p>Tossed salad w/ Italian dressing Raspberry jello w/ pears &amp; whipped topping</p>	<p>20 Elem &amp; Sec: Ham &amp; cheese Stromboli Spaghetti w/ spaghetti sauce</p> <p>Seasoned green beans Chocolate sherbet</p> 	<p>21 <b>GOOD FRIDAY No School</b></p>
WEEK 4	<p>24 <b>RECESS DAY (workshop option)</b></p>	<p>25 Elem: Chicken drummer Dinner roll Sec: Buffalo chicken sandwich w/ lettuce on a roll</p> <p>Winter mix vegetables Beans &amp; rice Fruit cocktail</p>	<p>26 Elem: Homemade cheese or meatball pizza Animal crackers Sec: Pepperoni* or broccoli &amp; cheese calzone w/ dipping sauce</p> <p>Tossed salad w/ Italian dressing Sliced peaches</p>	<p>27 Elem &amp; Sec: Rotisserie chicken w/ baked potato</p> <p>Seasoned peas Dinner roll Mandarin oranges</p>	<p>28 Elem &amp; Sec: Spicy Mexican taco in soft or hard shell w/ lettuce, tomato &amp; shredded cheese</p> <p>Buttered corn Diced pears Ice juicy</p>
WEEK 1	<p>31 Elem: Popcorn chicken Corn muffin Sec: Buffalo chicken sandwich w/ lettuce on a roll</p> <p>Seasoned rice Steamed broccoli Cinnamon Applesauce</p>				<p>* Contains pork</p>
	<p>Additional Elem choices: Yogurt cup w/ bread choice</p> <p>Peanut butter &amp; jelly Sandwich</p> <p>Cheese Sandwich</p> <p>Hamburger</p> <p>Bread choices: Animal crackers Rice Krispie bar Granola Bar Muffin Bread of the Day</p>	<p>Additional Middle School &amp; Secondary in K-8</p> <p>Pizza (16) (Mon &amp; Thur)</p> <p>Submarine sandwich (Wed)</p> <p>Cheeseburger (Tues &amp; Fri)</p> <p>Peanut butter &amp; jelly sandwich</p> <p>Cheese Sandwich</p> <p>Yogurt (2) w/ bread choice</p>	<p>Additional High School choices:</p> <p>Variety Pizza (16)</p> <p>Hamburger</p> <p><b>Daily Salad</b></p> <p><b>Daily Sandwich</b></p> <p>Peanut butter &amp; jelly Sandwich</p> <p>Cheese Sandwich</p>	<p><b>Grab &amp; Go Meals</b> (high schools only)</p> <p><b>Daily salads:</b></p> <p>Fruit salad</p> <p>Antipasto salad</p> <p>Chicken Caesar</p> <p>Accompanied by assorted bread basket</p> <p><b>Daily Sandwich:</b></p> <p>Ham &amp; Cheese</p> <p>Tuna</p> <p>Turkey &amp; Cheese</p> <p>On an assortment of breads, rolls &amp; wraps accompanied by fruit</p>	

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