

Assorted milk served during all meals - Fresh fruit is an option each day canned fruit is offered

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 4				1 Elem & Sec: Rotisserie chicken w/ baked potato Seasoned peas Dinner roll Mandarin oranges	2 Elem & Sec: Spicy Mexican taco in soft or hard shell w/ lettuce, tomato & shredded cheese Buttered corn Diced pears Ice juicy
	*contains pork				
WEEK 1	5 Elem: Popcorn chicken Corn muffin Sec: Buffalo chicken sandwich w/ lettuce on a roll Seasoned rice Steamed broccoli Rosy Applesauce	6 Elem & Sec: Rotini w/ meatsauce Buttered Italian bread Seasoned green beans Diced pears	7 Elem: Homemade cheese or sausage pizza Fruit snack Sec: Beef stew w/ biscuit Tossed salad w/ Italian dressing Peach shortcake w/ whipped topping	8 Elem & Sec: Empanada Buttered corn Tortilla chips w/ salsa Mandarin oranges	9 Elem & Sec: Grilled cheese sandwich Tomato rice soup w/ crackers Carrots & celery sticks Reduced fat ranch dip Fruit cocktail
WEEK 2	12 Elem: Cinnamon glazed French toast sticks Sausage* and/or scrambled eggs Sec: Baked potato w/ broccoli & cheese and dinner roll A cup of spicy chili Fruit punch Hot apple slices	13 Elem & Sec: Sloppy joe on a roll Potato rounds Coleslaw Sliced peaches	14 1/2 DAY ALL SCHOOLS Professional Development	15 Elem: Submarine sandwich; choice of tuna, or turkey-ham w/ cheese, lett & tomato Sec: Corn beef Rubeen Homemade minestrone soup w/ crackers Applesauce	16 Elem & Sec: Roast turkey & gravy on mashed potatoes Seasoned peas Corn Muffin Diced pears
WEEK 3	19 Elem: Beef hot dog on a roll Sec: Double dogs on rolls Baked beans* Pretzel rings Fruit cocktail	20 Elem & Sec: Chicken quesadilla w/ salsa Fiesta rice Steamed broccoli Sliced peaches	21 Elem: Homemade cheese or sausage pizza Granola bar Sec: Baked lasagna w/ sauce Buttered Italian bread Tossed salad w/ Italian dressing Raspberry jello w/ pears & whipped topping	22 Elem & Sec: Ham* & cheese stromboli Spaghetti w/ spaghetti sauce Seasoned green beans Sherbet cup	23 Elem & Sec: Monte Cristo* Turkey rice soup w/ crackers Character cinnamon grahams Hot apple slices
WEEK 4	26 MEMORIAL DAY No School	27 Elem: Fish sandwich on a roll w/ lettuce Sec: Deluxe fish sandwich on a kaiser Macaroni & cheese Baby carrots Reduced fat Ranch dip Fruit cocktail	28 Elem: Homemade cheese or sausage pizza Animal crackers Sec: Pepperoni* or broccoli & cheese calzone w/ dipping sauce Tossed salad w/ Italian dressing Sliced peaches	29 Elem & Sec: Roast turkey & gravy on mashed potatoes Winter mix vegetables Dinner roll Applesauce	30 Elem & Sec: Spicy Mexican taco in soft or hard shell w/ lettuce, tomato & shredded cheese Buttered corn Diced pears Ice juicy
	Additional Elem choices: Yogurt cup w/ bread choice Peanut butter & jelly Sandwich Cheese Sandwich Hamburger Bread choices: Animal crackers Rice Krispie bar Granola Bar Muffin Bread of the Day	Additional Middle School & Secondary in K-8 Pizza (16) (Mon & Thur) Submarine sandwich (Wed) Cheeseburger (Tues & Fri) Peanut butter & jelly sandwich Cheese Sandwich Yogurt (2) w/ bread choice	Additional High School choices: Variety Pizza (16) Hamburger Daily Salad Daily Sandwich Peanut butter & jelly Sandwich Cheese Sandwich	Grab & Go Meals (high schools only) Daily salads: Fruit salad Antipasto salad Chicken Caesar Accompanied by assorted bread basket Daily Sandwich: Ham & Cheese Tuna Turkey & Cheese On an assortment of breads, rolls & wraps accompanied by fruit	

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