

Assorted milk served during all meals - Fresh fruit is an option each day canned fruit is offered

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	1 Elem: Popcorn chicken Corn muffin Sec: Buffalo chicken sandwich w/ lettuce on a roll Seasoned rice Steamed broccoli Cinnamon Applesauce	2 Elem & Sec: Rotini w/ meatsauce Buttered Italian bread Seasoned green beans Diced pears YoKids squeezers	3 Elem: Homemade cheese or meatball pizza Fruit snack Sec: Beef stew w/ biscuit Tossed salad w/ Italian dressing Cherry shortcake w/ whipped topping	4 Elem & Sec: Empanada* Buttered corn Tortilla chips w/ salsa Mandarin oranges	5 Elem & Sec: Grilled cheese sandwich Tomato rice soup w/ crackers Carrots & celery sticks Reduced fat ranch dip Fruit cocktail
WEEK 2	8 COLUMBUS DAY HOLIDAY No School	9 Elem: Cinnamon glazed French toast sticks Sausage* and/or scrambled eggs Sec: Baked potato w/ broccoli & cheese and Dinner roll A cup of spicy chili Fruit punch Hot apple slices	10 Elem: Homemade cheese or meatball pizza Animal crackers Sec: Pepperoni* or broccoli & cheese calzone w/ dipping sauce Tossed salad w/ Italian dressing Strawberry & banana cup	11 Elem: Submarine sandwich; choice of tuna, or turkey-ham w/ cheese, lett & tomato Sec: mozzarella sticks w/ marinara dip sauce Homemade minestrone soup w/ crackers Pineapple tidbits	12 Elem & Sec: Roast turkey & gravy on mashed potatoes Seasoned peas Corn Muffin Diced pears
WEEK 3	15 Elem: Beef hot dog on a roll Sec: Double dogs on rolls Baked beans* Pretzel rings Fruit cocktail	16 Elem & Sec: Chicken quesadilla w/ salsa Fiesta rice Steamed broccoli Sliced peaches	17 Elem: Homemade cheese or meatball pizza Granola bar Sec: Baked lasagna w/ sauce Buttered Italian bread Tossed salad w/ Italian dressing Raspberry jello w/ pears & whipped topping 1/2 DAY HIGH SCHOOLS	18 Elem & Sec: Pork* parm sandwich Spaghetti w/ spaghetti sauce Winter mix vegetables Pineapple tidbits	19 Elem & Sec: Monte Cristo Turkey rice soup w/ crackers Character cinnamon grahams Sliced peaches
WEEK 4	22 Elem: Fish sandwich on a roll w/ lettuce Sec: Deluxe fish sandwich on a kaiser Macaroni & cheese Baby carrots Reduced fat Ranch dip Harvest fruit sherbert	23 Superintendent's Conference No School	24 Elem: Homemade cheese or meatball pizza Animal crackers Sec: Pepperoni* or broccoli & cheese calzone w/ dipping sauce Tossed salad w/ Italian dressing	25 Elem & Sec: Rotisserie chicken w/ baked potato Seasoned peas Dinner roll Mandarin oranges	26 Elem & Sec: Spicy Mexican taco in soft or hard shell w/ lettuce, tomato & shredded cheese Buttered corn Diced pears Ice juicy
WEEK 1	29 Elem: Popcorn chicken Corn muffin Sec: Buffalo chicken sandwich w/ lettuce on a roll Seasoned rice Steamed broccoli Cinnamon Applesauce	30 Elem & Sec: Rotini w/ meatsauce Buttered Italian bread Seasoned green beans Diced pears YoKids squeezers	31 1/2 Day All Schools		* Contains pork 09/10/07

Additional Elem choices:	Additional Middle School & Secondary in K-8	Additional High School choices:	Grab & Go Meals (high schools only)	
Yogurt cup w/ bread choice				
Peanut butter & jelly Sandwich	Pizza (16) (Mon & Thur)	Variety Pizza (16)	Daily salads:	Daily Sandwich:
Cheese Sandwich	Submarine sandwich (Wed)	Hamburger	Fruit salad	Ham & Cheese
Hamburger	Cheeseburger (Tues & Fri)	Daily Salad	Antipasto salad	Tuna
Bread choices:	Peanut butter & jelly sandwich	Peanut butter & jelly Sandwich	Chicken Caesar	Turkey & Cheese
Animal crackers				
Rice Krispie bar			Accompanied by	On an assortment of
Granola Bar	Cheese Sandwich	Cheese Sandwich	assorted bread basket	breads, rolls & wraps
Muffin				accompanied by fruit
Bread of the Day				