





COVID-19 Scenarios

Scenario	Action	Documentation Required for Quarantine/ Isolation and Return
 Return from travel advisory location during past 14 days (No symptoms) QUARANTINE (14 days)	Cannot attend in-person work or school for 14 days following travel to advisory state (even with negative COVID-19 test). May work or go to school remotely.	<input type="checkbox"/> Onondaga County Health Department Release Notice AND <input type="checkbox"/> School Nurse/ Health Services review Release Notice
 Exposure to Positive COVID-19 Case (No symptoms) QUARANTINE (14 days)	Cannot attend in-person work or school for 14 days after exposure (even with negative COVID-19 test). May work or go to school remotely.	<input type="checkbox"/> Onondaga County Health Department Release Notice AND <input type="checkbox"/> School Nurse/ Health Services review Release Notice
 Symptoms of COVID-19 (Not diagnosed, not tested or negative test) ISOLATE (10 days)	Cannot attend in-person work or school for 10 days from onset of symptoms. Return earlier than 10 days possible if requirements met. May work or go to school remotely.	<input type="checkbox"/> Medical note stating other diagnosis or cleared for work or school and not risk to others AND <input type="checkbox"/> School Nurse/ Health Services review Release Notice AND <input type="checkbox"/> Fever-free without medicine and symptom-free for 24 hours
 Positive COVID-19 Test (With or without symptoms) ISOLATE (10 days)	Cannot attend in-person work or school for 10 days after positive test or as directed by the OCHD. May work or go to school remotely.	<input type="checkbox"/> Onondaga County Health Department Release Notice AND <input type="checkbox"/> School Nurse/ Health Services review Release Notice

What is a true exposure? A true exposure is defined as close contact (within 6 feet) of a CONFIRMED COVID-19 case for at least 10 minutes, starting from 48 hours before illness onset until person is isolated, or direct contact with infectious secretions of a COVID-19 case without the use of proper PPE.

Quarantine= Keeps someone who was in close contact with someone who has COVID-19 away from others by staying home.

Isolation= Keeps someone who is sick or asymptomatic who tested positive for COVID-19 away from all others, even in their own home.