

Smart Snacks

Syracuse City School District

The District is committed to ensuring that all foods and beverages available to students on the school campus during the school day support healthy eating. The foods and beverages **sold and served** outside of the school meal programs must meet the USDA Smart Snacks in School nutrition standards, at a minimum. Smart Snacks aim to improve student health and well-being, increase consumption of healthful foods during the school day and create an environment that reinforces the development of healthy eating habits.

SCSD SMART SNACK LIST

Provided below is a list of fundraiser and healthy party ideas to help guide parents and teachers. To place an order with any of these partner programs for your school please contact Carrie Kane, Food and Nutrition Services at 315-435-4207.

- **Domino's Pizza Smart Slice Program**
- **Hershey's Smart FUNdraiser Program**
- **Fresh Fruits and Vegetables**
- **Subway Eat Fresh Fundraiser**
- **SCSD Single Serve Snacks**

SPECIAL REQUIREMENTS

- All sales of competitive foods are prohibited during the first 10 minutes of a meal service unless a child selects a reimbursable meal prior to purchasing competitive food.
- Students are allowed to purchase up to three servings of competitive food per person.
- All foods should have a complete listing of ingredients, allergens, and come from an establishment with a valid/current health permit (stores, pizza shops, bakeries, etc.) to ensure food safety; nothing homemade.
- During school celebrations healthy food choices must be made available that are smart snack compliant.



NYS EXCEPTION OF COMPETITIVE FOODS:

From the beginning of the school day until the end of the last scheduled meal period, NYS prohibits the sale of sweetened soda water, chewing gum, candy including hard candy, jellies, gums, marshmallow candies, fondant, licorice, spun candy, and candy coated popcorn. Also, no water ices except those which contain fruit or fruit juices. These standards will apply in all locations and through all services where foods and beverages are sold, which may include, but are not limited to, a la carte options in cafeterias, vending machines, school stores, snack or food carts and fundraisers during the school day.

www.healthiergeneration.org/smartsnacks
<https://www.fns.usda.gov/school-meals/tools-schools-focusing-smart-snacks>,

Be Healthy to Learn...
Learn to Be Healthy!



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