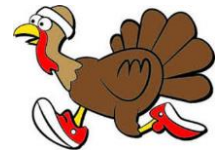




Syracuse Latin 2020 Virtual Turkey Trot

Who: All Syracuse Latin students, teachers and staff members. **We would love for each participant to bring in at least one nonperishable food item to be donated to the Salvation Army Food Pantry.**

What: Participants will run/walk/jog 1 mile at home.



When: Friday November 20th - Friday November 27th

Where: Participants can run or walk 1 mile anywhere, any place, on your own time. Please be safe and make sure a responsible adult goes with you or knows where you will be participating.

Why: To promote a physically active lifestyle and HAVE FUN!!!! To support our Salvation Army Holiday Food Drive.

To Do:

1. Go to your Seesaw or Canvas account and click on the Turkey Trot assignment in your PE folder.
2. Complete and submit the checklist so we can recognize each participant.
3. Bring in one nonperishable food item and place it in the labeled box near your classroom.
4. Take pictures: Post them on Seesaw, Canvas or send them to mgoodness@scsd.us to make a picture collage.