## **BOYS CLOTHING/SUPPLY LIST FOR OVERNIGHT**

Towel Rain Coat/Winter Coat and attire if season requires Water bottle Nylon/Sports pants \*\*these keep dry, <u>avoid jeans</u> 4 pairs of socks 4 pairs of underwear Sweatshirt/Hoodie Sleeping Clothing

Change of Clothes for Day 2

\*\*Most important thing is for students to keep their feet dry
\*\*Sleeping bag (ELMS can provide if student does not have one)
\*\*All gear must be able to be carried on students back for Hiking

## GIRLS CLOTHING/SUPPLY LIST FOR OVERNIGHT

Bedding/sleeping bag Pillow 2 Pairs of shoes 3 Pairs of socks 3 or 4 Pairs of Pants/Shorts 2 or 3 Pair T-Shirts Undergarments Sweatshirts Hairbrush/comb Toothbrush/ Toothpaste Deodorant PJ's / Sweats

## **OPTIONAL ITEMS**

Rain Gear (depending upon weather) Towel, Wash Clothes Hair Products, Soap, Water bottle, Flashlight

NO ELECTRONICS and NOTHING OF VALUE \*\*All gear must be able to be carried on students back for hiking