



Thomas J. Corcoran High School

Tara Jennings, Principal



IB CAS Reflection Form

Candidate Name _____ Year of Graduation _____

Directions: Write a clear and complete official reflection on your CAS experience. The summary should reflect the overall experience. Be sure to include reflection on each of the Learner Outcomes you met throughout the experience. You can look in your CAS guidebook, in the reflection section, for suggestions and sentence starters.

Candidate Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

CAS Coordinator Signature _____ Date _____



SYRACUSE CITY SCHOOL DISTRICT
Jaime Alicea, Superintendent of Schools

Thomas J. Corcoran High School

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IB CAS Log Sheet

Candidate Name _____

Graduation Year _____

Directions: Use this form to keep a record of your participation in a CAS experience and verify your completion of it.

Name of Activity _____

Dates	# of Hours	Summary of Activity

Supervisor Evaluation: It is to the best of my knowledge that the candidate has completed the form above with honesty. My signature is verification that the candidate has completed the experience described above.

Punctuality and Attendance _____

Effort and Commitment _____

Further Comments _____

Supervisor's Signature and Title _____

Supervisor's phone or email _____



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IB CAS Learner Outcome Form

Candidate Name _____ Experience _____

Dates activity began and ended _____

Check all that apply Creativity _____ Activity _____ Service _____

Directions: Place a check by each Learning Outcome you achieved during this experience. Explain briefly how this Learning Outcome was achieved. Not all Learning Outcomes will be achieved in each experience.

Learner Outcome	Achieved	Brief explanation of how it was achieved through this experience
Increased awareness of your own strengths and areas for growth		
Undertaken new challenges		
Planned and initiated activities		
Worked collaboratively with others		
Shown perseverance and commitment		
Engaged in issues of global importance		
Considered the ethical implications of your actions		
Developed new skills		



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Candidate Signature _____

Date _____

Parent/Guardian's Signature _____

Date _____



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IB CAS Experiences Record

Directions: Use this sheet to keep a record of all of the CAS Experiences you complete throughout the year. It will be **COLLECTED** once a marking period. This is a way for you to make sure you are on track to successfully complete the CAS requirement for the IB Diploma. Remember, you need 4 Experiences in EACH strand- Creativity, Activity and Service- over the course of Junior and Senior Year.

Experience	Creativity, Activity or Service	Project

Due Dates – You must turn this form in on the following dates

Juniors

- November 3, 2019
- January 19, 2020
- April 6, 2020
- June 5, 2020

Seniors

- November 3, 2019
- January 19, 2020
- April 6, 2020
- ** April 30, 2020

****Seniors – Please note ALL CAS forms and reflections are due April 30. You must have completed CAS requirements by this date to qualify as a Diploma Candidate**