



A reimbursable meal must include at least ½ C. fruit or vegetable.



Alternate Entrees Daily:
PBJ (w/ Cheese stick HS only)
Cheese Sandwich

All meals offered are available with choice of 1% or Skim White Milk, or Fat-Free Chocolate Milk Daily w/Meals

*Baby carrots available as vegetable alternate regardless of entrée selection.

Monday

**Garlic Pizza
OR Cheese Pizza**

1

Green Beans
Diced Peaches
Fresh Fruit

Tuesday

**Orange Chicken
Over Vegetable Fried Rice**

2

Carrot Zoodles
Strawberry Cup
Fresh Fruit

Wednesday

**Pizza Burger
OR Classic Burger**

3

Tossed Salad
Pineapple Tidbits
Fresh Fruit

Thursday

**Cheese Quesadilla
w/Sour Cream & Salsa
Confetti Corn
Mandarin Oranges
Fresh Fruit**

4

Friday

**Chicken w/Dinner Roll
Fish Sandwich w/Tartar**
Peach Crisp
Baked Beans
Vegetable of the Day Fresh Fruit

5

**Buffalo Chicken Pizza
OR Cheese Pizza**

8

Tossed Salad
Diced Peaches
Fresh Fruit

**Mexican Meatballs Over
Traditional Rice & Beans**

9

Stewed Tomatoes
Strawberry Cup
Fresh Fruit

**Cheeseburger OR
Classic Burger**

10

Potato Wedges
Baked Beans
Pineapple Tidbits
Fresh Fruit

Macaroni & Cheese
Broccoli
Mandarin Oranges
Fresh Fruit

11

**Buffalo Chicken Sandwich
OR Chicken Sandwich
Fish Sandwich w/Tartar**
Sweet Red Pepper Strips
Diced Pears
Fresh Fruit

12

15

**NO SCHOOL
SPRING RECESS**

16

**NO SCHOOL
SPRING RECESS**

17

**NO SCHOOL
SPRING RECESS**

18

**NO SCHOOL
SPRING RECESS**

19

**NO SCHOOL
GOOD FRIDAY**

**Breakfast Pizza or
Cheese Pizza**

22

Vegetable of the Day
Diced Peaches
Fresh Fruit
*Contingency Day

Caribbean Fish & Chips

23

Red Pepper & Pineapple Salsa
Tossed Salad
Strawberry Cup
Fresh Fruit

**Syracuse Burger
OR Classic Burger**

24

Cowboy Beans
Pineapple Tidbits
Fresh Fruit

3 Cheese Lasagna w/Sa

25

Garlic Bread (HS Only)
Tomato Cucumber Salad
Mandarin Oranges
Fresh Fruit

Spring Turkey Gravy

26

Over Bread
Mashed Potatoes
Diced Pears
Fresh Fruit Salad

**Meat Lovers Pizza
OR Cheese Pizza**

29

Carrot Coins
Diced Peaches
Fresh Fruit

Meaty Ziti

Tossed Salad
Strawberry Cup
Fresh Fruit

NY Thursday!
Local milk available daily



April 2019

Syracuse City School District Pre-K



LUNCH



All meals served with 1% white milk.

Monday

Cheese Pizza

1

Green Beans
Diced Peaches

Tuesday

Orange Chicken

2

Over Vegetable Fried Rice

Carrot Zoodles
Strawberry Cup

Wednesday

Classic Burger

3

Tossed Salad
Pineapple Tidbits

Thursday

Cheese Quesadilla

4

Confetti Corn
Mandarin Oranges

Friday

Chicken w/Dinner Roll

5

Baked Beans
Diced Pears

Cheese Pizza

8

Tossed Salad
Diced Peaches

Mexican Meatballs Over Traditional Rice & Beans

9

Stewed Tomatoes
Strawberry Cup

Cheeseburger

10

Potato Wedges
Pineapple Tidbits

Macaroni & Cheese

11

Broccoli
Mandarin Oranges

Chicken Sandwich Sweet

12

Red Pepper Strips
Diced Pears

15

NO SCHOOL
SPRING RECESS

16

NO SCHOOL
SPRING RECESS

17

NO SCHOOL
SPRING RECESS

18

NO SCHOOL
SPRING RECESS

19

NO SCHOOL
GOOD FRIDAY

Cheese Pizza

22

Vegetable of the Day
Diced Peaches

*Contingency Day

Caribbean Fish & Chips

23

Red Pepper & Pineapple Salsa
Strawberry Cup

Classic Burger

24

Cowboy Beans
Pineapple Tidbits

3 Cheese Lasagna w/Sauce

25

Garlic Bread (HS Only)

Tomato Cucumber Salad
Mandarin Oranges

Turkey Gravy over Bread

26

Mashed Potatoes
Diced Pears

Cheese Pizza

29

Carrot Coins
Diced Peaches

Meaty Ziti

Tossed Salad
Strawberry Cup



It is our intent to have these choices available to all students at all times. However, there may be occasions when choices are limited.