

SYRACUSE CITY SCHOOL DISTRICT
Available in HS Standalone



Breakfast Express

MONDAY THROUGH FRIDAY



MILK: Choice of **1%** or **Skim White Milk**, or **Fat-Free Chocolate Milk** with all Fresh Express meals.

FRUIT: A reimbursable breakfast must include a minimum of ½ cup fruit equivalent with an entrée.

MONDAY

HOT BREAKFAST

Egg & Cheese Bagelwich

COLD BREAKFAST

Cheerios, Chex, Cinnamon Toasters

BREAKFAST SMOOTHIE

Mixed Berry w/ Nutrigrain Bar

TUESDAY

HOT BREAKFAST

Breakfast Pizza

COLD BREAKFAST

Cheerios, Chex, Cinnamon Toasters

BREAKFAST SMOOTHIE

Strawberry w/Nutrigrain Bar

WEDNESDAY

HOT BREAKFAST

Egg & Cheese Muffinwich

COLD BREAKFAST

Cheerios, Chex, Cinnamon Toasters

BREAKFAST SMOOTHIE

Peach w/ Nutrigrain Bar

THURSDAY

HOT BREAKFAST

Breakfast Pizza

COLD BREAKFAST

Cheerios, Chex, Cinnamon Toast Crunch

BREAKFAST SMOOTHIE

Blueberry w/Nutrigrain Bar

FRIDAY

HOT BREAKFAST

Breakfast Burrito

COLD BREAKFAST

Cheerios, Chex, Cinnamon Toast Crunch

BREAKFAST SMOOTHIE

Banana Chocolate w/ Nutrigrain Bar

It is our intent to have these choices available to all students at all times; however, there may be occasions when choices are limited.