

January 2018

Syracuse City School District



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BREAKFAST

Bagged Service: Students MUST take bag with all items, but may select additional items offered.



Breakfast Vended Selection:

- Cereal
- Muffins
- Breakfast Rounds
- Cereal Breakfast Bars
- Banana or Zainy Bread

Breakfast Café Buffet:

- Bagel with Toppings
- Smoothie
- Hot Breakfast
- Oatmeal/Cereal Assortment
- Yogurt
- Fruit Canned and/or Fresh
- Juice
- 1% or Skim White Milk

Monday

Tuesday

Wednesday

Thursday

Friday

1

**NO SCHOOL
NEW YEARS DAY
OBSERVANCE**

2

Yogurt
Protein Granola
Fresh Fruit
1% or Skim White Milk

Offered: Orange Juice

3

Cheerios Cereal
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

4

Mini Cinnis-Cinnamon Stick
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

5

Rice Chex Cereal
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

8

Fresh Fruit
Orange Juice
1% or Skim White Milk

Offered: **Strawberry Pancakes**

9

Cinnamon Mini Bagels
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

10

Cinnamon Chex Cereal
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

11

Ultra-Slice Zainy Bread
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

12

Multigrain Cheerios Cereal
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

15

**NO SCHOOL
DR. MARTIN LUTHER
KING JR. BIRTHDAY**

16

Yogurt Smoothie
Blueberry Nutrigrain Bar
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

17

Corn Chex Cereal
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

18

Apple Blueberry Breakfast Bar
Fresh Fruit
1% or Skim White Milk

Offered: Orange Juice

19

Apple Cinnamon Cheerios
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

22

Fresh Fruit
1% or Skim White Milk
Orange Juice

Offered: **Egg & Cheese on a Bun**

23

Yogurt
Cinnamon Granola
Fresh Fruit
1% or Skim White Milk

Offered: Orange Juice

24

Cinnamon Chex Cereal
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

25

UBR Cinnamon
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

26

**NO SCHOOL
SUPERINTENDENT'S
CONFERENCE DAY**

29

Fresh Fruit
Orange Juice
1% or Skim White Milk

Offered: **Cherry Frudel**

30

Yogurt Smoothie
Strawberry Nutrigrain Bar
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice

31

Corn Chex Cereal
1% or Skim White Milk
Fresh Fruit

Offered: Orange Juice



It is our intent to have these choices available to all students at all times. However, there may be occasions when choices are limited.