



MAY 2019

Syracuse City School District

Hot Supper

Monday

Tuesday

Wednesday

Thursday

Friday



6

Sloppy Joe Sliders
Potato Wedges
Canned Fruit
1% or Skim Milk

7

Syracuse Sundae Bowls
Mashed Potatoes, Meat Gravy
Kernel Corn
Heartzel Pretzels
1% or Skim Milk

1

Ham & Cheese Melt Slider
Carrot Coins
Fresh Fruit
1% or Skim Milk

2

Chicken Egg Roll
w/Sweet & Sour Sauce
Broccoli
1% or Skim Milk

3

BBQ Turkey Slider
Creamy Coleslaw
Baked Beans
1% or Skim Milk

13

Buffalo Chicken Slider
Celery Sticks w/Ranch
Canned Fruit
1% or Skim Milk

14

Crunchy Chicken Taco
w/Lettuce & Tomato
Salsa
Taco Sauce
Guacamole
1% or Skim Milk

15

Ham & Cheese Melt Slider
Carrot Coins
Fresh Fruit
1% or Skim Milk

16

Chicken Egg Roll
w/Sweet & Sour Sauce
Broccoli
1% or Skim Milk

17

BBQ Turkey Slider
Creamy Coleslaw
Baked Beans
1% or Skim Milk

20

Sloppy Joe Sliders
Potato Wedges
Canned Fruit
1% or Skim Milk

21

Syracuse Sundae Bowls
Mashed Potatoes, Meat Gravy
Kernel Corn
Heartzel Pretzels
1% or Skim Milk

22

Fish Slider w/Tartar Sauce
Lettuce & Tomato
Sweet Potato Crissscuts
1% or Skim Milk

23

Pot Stickers
Fresh Sugar Snap Peas
Mandarin Oranges
1% or Skim Milk

24

Chicken Italian Sausage Sandwich
w/Peppers & Onions
Creamy Italian Cherry Tomatoes
1% or Skim Milk

27

Memorial Day
NO SCHOOL

28

Crunchy Chicken Taco
w/Lettuce & Tomato
Salsa
Taco Sauce
Guacamole
1% or Skim Milk

29

Ham & Cheese Melt Slider
Carrot Coins
Fresh Fruit
1% or Skim Milk

30

Chicken Egg Roll
w/Sweet & Sour Sauce
Broccoli
1% or Skim Milk

31

BBQ Turkey Slider
Creamy Coleslaw
Baked Beans
1% or Skim Milk

It is our intent to have these choices available to all students at all times. However, there may be occasions when choices are limited.



MAY 2019

Syracuse City School District

Cold Supper

Monday

Tuesday

Wednesday

Thursday

Friday



1

Turkey Half-Wrap
w/Cheese, Lettuce
Mayo PC
Grape Tomatoes w/Ranch
1% or Skim Milk

2

Chicken Caesar Salad
Chicken, Romaine
Lettuce, Cucumber slices
Dinner Roll
Caesar Dressing
1% or Skim Milk

3

Turkey Ham Half-Wich
Mayo PC
Grape Tomatoes w/Ranch
Fresh Fruit
1% or Skim Milk

6

Hummus Soufflé
WG Crackers
Carrot Sticks
Celery Sticks
1% or Skim Milk

7

Cheese Half-wich
Mayo & Mustard PCs
Wango Mango Punch
Celery Sticks w/Ranch
1% or Skim Milk

8

Turkey Ham Half-Wrap
w/Cheese, Lettuce
Mayo PC
Grape Tomatoes w/Ranch
1% or Skim Milk

9

Buffalo Chicken Salad
Buffalo Chicken, Romaine
Lettuce, Cucumber slices
Dinner Roll
Ranch Dressing
1% or Skim Milk

10

Turkey Half-Wich
Mayo PC
Grape Tomatoes w/Ranch
Fresh Fruit
1% or Skim Milk

13

Sunbutter Soufflé
Cheese Stick
Heartzel Pretzels
Raisins
Celery Sticks w/Ranch
1% or Skim Milk

14

Sunbutter Half-wich
Dragon Punch
Celery Sticks w/ Ranch
1% or Skim Milk

15

Turkey Half-Wrap
w/Cheese, Lettuce
Mayo PC
Grape Tomatoes w/Ranch
1% or Skim Milk

16

Chicken Caesar Salad
Chicken, Romaine
Lettuce, Cucumber slices
Dinner Roll
Caesar Dressing
1% or Skim Milk

17

Turkey Ham Half-Wich
Mayo PC
Grape Tomatoes w/Ranch
Fresh Fruit
1% or Skim Milk

20

Hummus Soufflé
WG Crackers
Carrot Sticks
Celery Sticks
1% or Skim Milk

21

Cheese Half-wich
Mayo & Mustard PCs
Wango Mango Punch
Celery Sticks w/Ranch
1% or Skim Milk

22

Turkey Ham Half-Wrap
w/Cheese, Lettuce
Mayo PC
Grape Tomatoes w/Ranch
1% or Skim Milk

23

Buffalo Chicken Salad
Buffalo Chicken, Romaine
Lettuce, Cucumber slices
Dinner Roll
Ranch Dressing
1% or Skim Milk

24

Turkey Half-Wich
Mayo PC
Grape Tomatoes w/Ranch
Fresh Fruit
1% or Skim Milk

27

Memorial Day
NO SCHOOL

28

Sunbutter Half-wich
Dragon Punch
Celery Sticks w/ Ranch
1% or Skim Milk

29

Turkey Half-Wrap
w/Cheese, Lettuce
Mayo PC
Grape Tomatoes w/Ranch
1% or Skim Milk

30

Chicken Caesar Salad
Chicken, Romaine
Lettuce, Cucumber slices
Dinner Roll
Caesar Dressing
1% or Skim Milk

31

Turkey Ham Half-Wich
Mayo PC
Grape Tomatoes w/Ranch
Fresh Fruit
1% or Skim Milk

It is our intent to have these choices available to all students at all times. However, there may be occasions when choices are limited.

MAY 2019

Syracuse City School District

Snack

Monday

Tuesday

Wednesday

Thursday

Friday

1

Heatzel Pretzels
Sun Butter
Paradise Punch

2

Strawberry Sport Grahams
Grape Juice

3

Despicable Me Grahams
Fruit Punch

6

Annie's Cheddar Bunnies
Apple Juice

7

Cinnamon Crisps
Orange Tangerine Juice

8

Nacho Cheese Spikerz
Paradise Punch

9

Animal Crackers
Grape Juice

10

Goldfish
Fruit Punch

13

ABC Graham Crackers
Apple Juice

14

Ranch Spikerz
Orange Tangerine Juice

15

Strawberry Yogurt Chex
Paradise Punch

16

DOT Vanilla Grahams
Grape Juice

17

Scooby Doo Bones
Fruit Punch

20

Bug Bites
Apple Juice

21

Cheez-Its
Orange Tangerine Juice

22

Heatzel Pretzels
Sun Butter
Paradise Punch

23

Strawberry Sport Grahams
Grape Juice

24

Despicable Me Grahams
Fruit Punch

27

Memorial Day
NO SCHOOL

28

Cinnamon Crisps
Orange Tangerine Juice

29

Nacho Cheese Spikerz
Paradise Punch

30

Animal Crackers
Grape Juice

31

Goldfish
Fruit Punch

It is our intent to have these choices available to all students at all times. However, there may be occasions when choices are limited.