



# HOT SUPPER

## WELCOME BACK!

Hot Supper Program is available in select schools based on eligibility.

Students must select all components offered for a reimbursable meal. Fresh Fruit substitutions may be made based on based on seasons and availability. All grain components offered meet whole grain rich criteria.

Syracuse City School District					September 2019					
Monday, September 2		Tuesday, September 3		Wednesday, September 4		Thursday, September 5		Friday, September 6		
<b>LABOR DAY!</b>							Chicken Egg Roll Sweet & Sour Sauce Broccoli Canned Fruit Milk Variety		BBQ Turkey Slider <i>BBQ Turkey on a Slider Roll</i> Potato Wedges Baked Beans Milk Variety	
Monday, September 9		Tuesday, September 10		Wednesday, September 11		Thursday, September 12		Friday, September 13		
Ham & Cheese Slider Melt Carrot Coins Fruit Cocktail Milk Variety		Crunchy Chicken Taco <i>Crunchy Taco Shell, Chicken, Lettuce, Salsa</i> Taco Sauce Guacamole Canned Fruit Milk Variety		Breakfast Burrito <i>Hash browns, scrambled eggs, cheddar cheese, tortilla</i> Kernel Corn Canned Fruit Milk Variety		Beef Rib Sandwich <i>BBQ Rib Patty on a WG Bun</i> Coleslaw Canned Fruit Milk Variety		Chicken Italian Sausage Roll <i>Chicken Italian Sausage w/ cooked peppers and onions on a Hoagie Roll</i> Creamy Italian Cherry Tomatoes Canned Fruit Milk Variety		
Monday, September 16		Tuesday, September 17		Wednesday, September 18		Thursday, September 19		Friday, September 20		
Sloppy Joe Slider Potato Wedges Canned Peaches Milk Variety		Syracuse Sundae Bowls <i>Mashed Potatoes, Kernel Corn, Turkey Gravy</i> Dinner Roll Milk Variety		Fish Strips Tartar Sauce Rice Coleslaw Canned Fruit Milk Variety		Chicken Egg Roll Sweet & Sour Sauce Broccoli Canned Fruit Milk Variety		BBQ Turkey Slider <i>BBQ Turkey on a Slider Roll</i> Potato Wedges Baked Beans Milk Variety		
Monday, September 23		Tuesday, September 24		Wednesday, September 25		Thursday, September 26		Friday, September 27		
Ham & Cheese Slider Melt Carrot Coins Fruit Cocktail Milk Variety		Crunchy Chicken Taco <i>Crunchy Taco Shell, Chicken, Lettuce, Salsa</i> Taco Sauce Guacamole Canned Fruit Milk Variety		Breakfast Burrito <i>Hash browns, scrambled eggs, cheddar cheese, tortilla</i> Kernel Corn Canned Fruit Milk Variety		Beef Rib Sandwich <i>BBQ Rib Patty on a WG Bun</i> Coleslaw Canned Fruit Milk Variety		Chicken Italian Sausage Roll <i>Chicken Italian Sausage w/ cooked peppers and onions on a Hoagie Roll</i> Creamy Italian Cherry Tomatoes Canned Fruit Milk Variety		
Monday, September 30										
Ham & Cheese Slider Melt Carrot Coins Fruit Cocktail Milk Variety										

It is our intent to have these choices available to all students at all times, however, there may be occasions when choices are limited.





**COLD  
SUPPER**

## WELCOME BACK!

Hot Supper Program is available in select schools based on eligibility.

Students must select all components offered for a reimbursable meal. Fresh Fruit substitutions may be made based on seasons and availability. All grain components offered meet whole grain rich criteria.

Syracuse City School District					September 2019				
Monday, September 2		Tuesday, September 3		Wednesday, September 4		Thursday, September 5		Friday, September 6	
<b>LABOR DAY!</b>						Chicken Caesar Salad <i>Diced chicken, romaine lettuce, diced celery</i> Dinner Roll Caesar Dressing Skim or 1% Milk		Turkey-Ham Half-wich Mayo Packet Grape Tomatoes Ranch Packet Clementine Skim or 1% Milk	
Monday, September 9		Tuesday, September 10		Wednesday, September 11		Thursday, September 12		Friday, September 13	
Sunbutter Platter Sunbutter Cheese Stick Pita Pocket Wedges Clementine Celery Sticks Ranch Packet Skim or 1% Milk		Pepperoni & Cheese Half-wich Mustard Packet Broccoli Florets Ranch Packet Kiwi Skim or 1% Milk		Turkey-Ham Half-Wrap <i>Turkey-Ham, American Cheese, Lettuce Shreds, Tortilla Wrap</i> Mayo Packet Carrot Sticks Ranch Packet Apple Slices Skim or 1% Milk		Buffalo Chicken Salad <i>Diced Buffalo Chicken, Romaine Lettuce, Diced Celery</i> Dinner Roll Ranch Dressing Skim or 1% Milk		Turkey Half-wich Mayo Packet Grape Tomatoes Ranch Packet Fresh Fruit Skim or 1% Milk	
Monday, September 16		Tuesday, September 17		Wednesday, September 18		Thursday, September 19		Friday, September 20	
Hummus Platter Hummus Pita Pocket Wedges Carrot Sticks Celery Sticks Skim or 1% Milk		Sunbutter Half-wich <i>With Grape Jelly</i> Cheese Stick Broccoli Florets Ranch Packet Kiwi Skim or 1% Milk		Fish Strips Tartar Sauce Rice Coleslaw Canned Fruit Milk Variety		Chicken Caesar Salad <i>Diced chicken, romaine lettuce, diced celery</i> Dinner Roll Caesar Dressing Skim or 1% Milk		Turkey-Ham Half-wich Mayo Packet Grape Tomatoes Ranch Packet Clementine Skim or 1% Milk	
Monday, September 23		Tuesday, September 24		Wednesday, September 25		Thursday, September 26		Friday, September 27	
Sunbutter Platter Sunbutter Cheese Stick Pita Pocket Wedges Clementine Celery Sticks Ranch Packet Skim or 1% Milk		Pepperoni & Cheese Half-wich Mustard Packet Broccoli Florets Ranch Packet Kiwi Skim or 1% Milk		Turkey-Ham Half-Wrap <i>Turkey-Ham, American Cheese, Lettuce Shreds, Tortilla Wrap</i> Mayo Packet Carrot Sticks Ranch Packet Apple Slices Skim or 1% Milk		Buffalo Chicken Salad <i>Diced Buffalo Chicken, Romaine Lettuce, Diced Celery</i> Dinner Roll Ranch Dressing Skim or 1% Milk		Turkey Half-wich Mayo Packet Grape Tomatoes Ranch Packet Fresh Fruit Skim or 1% Milk	
Monday, September 30									
Hummus Platter Hummus Pita Pocket Wedges Carrot Sticks Celery Sticks Skim or 1% Milk									

It is our intent to have these choices available to all students at all times, however, there may be occasions when choices are limited. Fresh Fruit may be substituted for other fresh fruit based on seasonality of items and availability. All grain components offered meet whole grain rich criteria.



# SNACK



## WELCOME BACK!

Snack program is available in select schools based on eligibility.

Both components must be served for a reimbursable snack.

Syracuse City School District			September 2019	
Monday, September 2	Tuesday, September 3	Wednesday, September 4	Thursday, September 5	Friday, September 6
<b>LABOR DAY!</b>			DOT Vanilla Grahams Grape Juice	Scooby Doo Bones Fruit Punch
Monday, September 9	Tuesday, September 10	Wednesday, September 11	Thursday, September 12	Friday, September 13
Bug Bites Apple Juice	Cheez-Its Orange Tangerine Juice	Heartzel Pretzels Paradise Punch Juice	Strawberry Sport Grahams Grape Juice	Despicable Me Grahams Fruit Punch
Monday, September 16	Tuesday, September 17	Wednesday, September 18	Thursday, September 19	Friday, September 20
Annie's Cheddar Bunnies Apple Juice	Cinnamon Crisps Orange Tangerine Juice	Nacho Cheese Spikerz Paradise Punch Juice	Animal Crackers Grape Juice	Goldfish Fruit Punch
Monday, September 23	Tuesday, September 24	Wednesday, September 25	Thursday, September 26	Friday, September 27
ABC Graham Crackers Apple Juice	Ranch Spikerz Orange Tangerine Juice	Strawberry Yogurt Chex Paradise Punch Juice	DOT Vanilla Grahams Grape Juice	Scooby Doo Bones Fruit Punch
Monday, September 30				
Bug Bites Apple Juice				

It is our intent to have these choices available to all students at all times, however, there may be occasions when choices are limited. All grain components offered meet whole grain rich criteria.

