

Syracuse Area LGBTQ Support Resources

LGBTQ YOUTH

The Q Center @ ACR

Comprehensive youth center supporting LGBTQ youth ages 13-22.

315-701-2431; qcenter@acrhealth.org

OLDER LGBTQ PEOPLE

* SAGE Upstate- offers multiple support groups including Coming out later in life, social support, HERS Group for Women, and Men's Empowerment Group for senior LGBTQ people

<http://www.sageupstate.org>

TRANSGENDER ADULTS

Transgender Alliance of CNY

transgenderalliance.ning.com

Community service organization for the Transgender Community in Upstate NY

<http://transgendercny.org>- has a full list of LGBT friendly doctors and therapists as well as community resources

PARENTS

TransParent – Group for Parents with Transgender Children

Hosted at the Q Center @ ACR

1st Wednesdays of every month from 5:30-7:00pm

315-701-2431 :: qcenter@acrhealth.org

LGBTQ INTIMATE PARTNER VIOLENCE & SEXUAL ASSAULT

Vera House, 425-0818; 24 hour crisis line 468-3260