



Fresh Express

Available 6-8 MS & HS

Monday through Friday

Wednesday

PARFAIT

Cherry Parfait

PLATTER

Italian Sub

SALAD

Confetti Chopped

Monday

PARFAIT

Blueberry

PLATTER

Turkey Sub

SALAD

Chicken Caesar

Tuesday

PARFAIT

Strawberry

PLATTER

Nachos

SALAD

Antipasto

Thursday

PARFAIT

Peach

PLATTER

Cheese Fruit

SALAD

Buffalo Chicken

Friday

PARFAIT

Mixed Fruit

PLATTER

Tuna Boat

SALAD

Cobb



MILK: Choice of 1% or **Skim White Milk**, or **Fat-Free Chocolate Milk** with all Fresh Express meals.

FRUIT: A reimbursable lunch must include a minimum of ½ cup fruit equivalent with an entrée.

It is our intent to have these choices available to all students at all times, however, there may be occasions when choices are limited.