

SYRACUSE CITY SCHOOL DISTRICT
Available in HS Standalone



Lunch Express

MONDAY THROUGH FRIDAY



MILK: Choice of 1% or **Skim White Milk**, or **Fat-Free Chocolate Milk** with all Fresh Express meals.

FRUIT: A reimbursable lunch must include a minimum of ½ cup fruit equivalent with an entrée.

MONDAY

PARFAIT
Blueberry

SALAD
Buffalo Chicken

TUESDAY

PARFAIT
Peach

PLATTER
Cottage Cheese & Fruit

WEDNESDAY

PARFAIT
Strawberry

SALAD
Chicken Caesar

THURSDAY

PARFAIT
Pineapple

PLATTER
Grilled Chicken
Sandwich

FRIDAY

PARFAIT
Orange

SALAD
Antipasto

It is our intent to have these choices available to all students at all times; however, there may be occasions when choices are limited.