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PK-12 BREAKFAST Menu

OCTOBER 2025

Food & Nutrition Services is
pleased to offer hot breakfast
every Monday & Friday!

Hot Monday	Dairy Tuesday	Cereal Wednesday	Baked Thursday	Hot Friday
		Assorted Cereal: <i>Cinnamon Toast Crunch, Chex, Cheerios</i> With Assorted Fruit Skim or 1% Milk Orange Juice	Cinnamon Super Slice With Assorted Fruit Skim or 1% Milk Orange Juice	Egg & Cheese English Muffin Skim or 1% Milk Orange Juice Assorted Fruit
		1	2	3
Maple Waffles Skim or 1% Milk Orange Juice Assorted Fruit	Bagel Cream Cheese / Butter With Assorted Fruit Skim or 1% Milk Orange Juice	Assorted Cereal: <i>Cinnamon Toast Crunch, Chex, Cheerios</i> With Assorted Fruit Skim or 1% Milk Orange Juice	Blueberry Muffin (PK) Fruedel (K-12) With Assorted Fruit Skim or 1% Milk Orange Juice	Egg & Cheese Croissantwich Skim or 1% Milk Orange Juice Assorted Fruit
6	7	8	9	10
Indigenous Peoples' Day / Columbus Day No School	Triple Berry French Toast Skim or 1% Milk Orange Juice Assorted Fruit	Berry Yogurt Strawberry Granola with Assorted Fruit Skim or 1% Milk Orange Juice	Assorted Cereal: <i>Cinnamon Toast Crunch, Chex, Cheerios</i> With Assorted Fruit Skim or 1% Milk Orange Juice	Lemon Slice With Assorted Fruit Skim or 1% Milk Orange Juice
13	14	15	16	17
Cinnamon French Toast Skim or 1% Milk Orange Juice Assorted Fruit	Mini Cinnis With Assorted Fruit Skim or 1% Milk Orange Juice	Assorted Cereal: <i>Cinnamon Toast Crunch, Chex, Cheerios</i> With Assorted Fruit Skim or 1% Milk Orange Juice	Banana Muffin (PK) UBR Breakfast Bar (K-12) With Assorted Fruit Skim or 1% Milk Orange Juice	Egg & Cheese Wrap Skim or 1% Milk Orange Juice Assorted Fruit
20	21	22	23	24
Blueberry Waffles Skim or 1% Milk Orange Juice Assorted Fruit	Vanilla Yogurt Cinnamon Granola with Assorted Fruit Skim or 1% Milk Orange Juice	Assorted Cereal: <i>Cinnamon Toast Crunch, Chex, Cheerios</i> With Assorted Fruit Skim or 1% Milk Orange Juice	Cinnamon Super Slice With Assorted Fruit Skim or 1% Milk Orange Juice	Egg & Cheese English Muffin Skim or 1% Milk Orange Juice Assorted Fruit
27	28	29	30	31

It is our intent to have these choices available to all students at all times, however, there may be occasions when choices are limited. K-12 reimbursable meals must include an entrée with 1/2 cup of fruit. All breakfast meals include a choice of 1% or Skim White Milk.