















Monday	Tuesday	Wednesday	Thursday	Friday
		 Yellow Squash Coins ₁	 Honeydew Spears ₂	 Mini Cucumbers ₃
6	7	 Yellow Squash Coins ₈	 Red Seedless ₉	 Heirloom Cherry Tomato ₁₀
Indigenous Peoples' Day / Columbus Day No School 13	14	 Sliced Fennel ₁₅	 Cauliflower Florettes ₁₆	 Forelle Pears ₁₇
20	21	 Pea Shoots ₂₂	 Beet Noodles ₂₃	 Carrot Sticks ₂₄
27	28	 Kiwi Slices ₂₉	 Broccoli Florettes ₃₀	 Naval Orange ₃₁



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Fresh Fruit and Vegetables Menu

OCTOBER 2025

The Fresh Fruit and Vegetable Program (FFVP) is a federally assisted program providing free fresh fruits and vegetables to children at eligible elementary schools during the school day. The goal of the FFVP is to introduce children to fresh fruits and vegetables, to include new and different varieties, and to increase overall acceptance and consumption of fresh, unprocessed produce among children.