

Grab Bag Monday	Hot Entrée Tuesday	Sandwich Wednesday	Hot Handheld Thursday	Smoothie Friday
Pretzel Bag: Pretzels Hummus Babby Carrots Fruit Cup Offered Sides: Milk Variety 30	TSO Chicken: Sweet & Sour Chicken Vegetable Fried Rice Offered Sides: Steamed Broccoli Fresh Fruit Milk Variety 1	PBJ Bag: Grape Uncrustable Grape Tomatoes Ranch PC Fresh Fruit Offered Sides: Milk Variety 2	Chicken Sandwich: Chicken Patty Hamburger Bun Offered Sides: Mixed Steamed Veggie Fresh Fruit Milk Variety 3	Smoothie: Mixed Berry Protein Trail Mix Fresh Fruit Offered Sides: Milk Variety 4
Granola Bar Bag: Nutrigrain Bar Berry Yogurt Cheese Stick Vegetable Juice Fruit Cup Offered Sides: Milk Variety 7	Chicken Fajita: Tortilla Shell Chicken Fajita Strips Peppers & Onions Sour Cream PC Offered Sides: Kernal Corn Fresh Fruit Milk Variety 8	Turkey Slider: Slider Roll Turkey Breast American Cheese Romaine Leaf Mustard & Mayo PC Celery & Carrot Sticks Ranch PC Fresh Fruit Offered Sides: Milk Variety 9	Hot Pretzel: JJ Soft Pretzel Cheese Sauce Cup Offered Sides: Green Beans Fresh Fruit Milk Variety 10	Smoothie: Power Green Smoothie Protein Trail Mix Fresh Fruit Offered Sides: Milk Variety 11
Indigenous Peoples' Day / Columbus Day No School 14	Teriyaki Meaballs: Teriyaki Meatballs Vegetable Fried Rice Offered Sides: Steamed Broccoli Fresh Fruit Milk Variety 15	PBJ Bag: Strawberry Uncrustable Sliced Cucumbers Ranch PC Fresh Fruit Offered Sides: Milk Variety 16	BBQ Rib: BBQ Rib Hamburger Bun Offered Sides: Buffalo Cauliflower Fresh Fruit Milk Variety 17	Smoothie: Tropical Pineapple Smoothie Protein Trail Mix Fresh Fruit Offered Sides: Milk Variety 18
Granola Bar Bag: Nature Valley Bar Vanilla Yogurt Cheese Stick Vegetable Juice Fruit Cup Offered Sides: Milk Variety 21	Egg Rolls: Chicken Egg Rolls Sweet & Sour Sauce PC Offered Sides: Stir Fried Vegetables Fresh Fruit Milk Variety 22	Turkey Ham Slider: Slider Roll Turkey Breast & Turkey Ham American Cheese Romaine Leaf Mustard & Mayo PC Celery & Carrot Sticks Ranch PC Fresh Fruit Offered Sides: Milk Variety 23	Cheesy Pull Apart: Boscoe Breadstick Marinara Sauce Offered Sides: Steamed Green Beans Fresh Fruit Milk Variety 24	Smoothie: Choc'nana Smoothie Protein Trail Mix Fresh Fruit Offered Sides: Milk Variety 25
Pretzel Bag: Pretzels Hummus Babby Carrots Fruit Cup Offered Sides: Milk Variety 28	TSO Chicken: Sweet & Sour Chicken Vegetable Fried Rice Offered Sides: Steamed Broccoli Fresh Fruit Milk Variety 29	PBJ Bag: Grape Uncrustable Grape Tomatoes Ranch PC Fresh Fruit Offered Sides: Milk Variety 30	Chicken Sandwich: Chicken Patty Hamburger Bun Offered Sides: Mixed Steamed Veggie Fresh Fruit Milk Variety 31	



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SUPPER Menu

OCTOBER 2024

Supper is available in select schools based on eligibility. All food must be consumed at the school.

Milk variety includes:

- 1% white milk
- Skim white milk

Condiment packets available daily:

- Mustard
- Mayo
- Ranch
- Hot Sauce

ALL menu items are pork free!

It is our intent to have these choices available to all students at all times, however, there may be occasions when choices are limited. Fresh fruit may be substituted for other fruit based on seasonality of items and availability. All five meal components must be offered, students must take an entrée, milk variety is offered as an optional side. All grain offered meets whole grain rich criteria.