

May 2019

Syracuse City School District



LUNCH

A reimbursable meal must include at least ½ C. fruit or vegetable.



Alternate Entrees Daily:
PBJ (w/ Cheese stick)
Cheese Sandwich

*Baby carrots available as vegetable alternate regardless of entrée selection.

All meals offered are available with choice of 1% or Skim White Milk, or Fat-Free Chocolate Milk Daily w/Meals

Monday



Tuesday

Wednesday

Thursday

Friday

Bacon Burger OR Classic Burger 1

Sweet Potato Crisp Cuts
Pineapple Tidbits
Fresh Fruit

Cheesy Veggie Chili Bowl 2
w/Corn Muffin

Cauliflower
Veggie Chili
Mandarin Oranges
Fresh Fruit

Turkey Gravy w/Corn Muffin 3

Mashed Potatoes
Diced Pears
Fresh Fruit Salad

Cheddar Burger OR Classic Burger 8

Buttered Kernel Corn
Pineapple Tidbits
Fresh Fruit

Toasted Cheese Sandwich 9

Chunky Tomato Soup
Mandarin Oranges
Fresh Fruit

Chicken & Waffles w/Syrup 10

Baked Sweet Potato
Vegetable of the Day
Diced Pears
Fresh Fruit Salad

Pizza Burger OR Classic Burger 15

Tossed Salad
Pineapple Tidbits
Fresh Fruit

Cheese Quesadilla 16
w/ Sour Cream & Salsa

Confetti Corn
Mandarin Oranges

BBQ Chicken w/Dinner Roll 17

Blueberry Crisp
Baked Beans
Vegetable of the Day
Fresh Fruit

Cheeseburger OR Classic Burger 22

Potato Wedges
Baked Beans
Pineapple Tidbits
Fresh Fruit

Macaroni & Cheese 23

Broccoli
Mandarin Oranges
Fresh Fruit

Buffalo Chicken Sandwich OR Chicken Sandwich 24

Sweet Red Pepper Strips
Diced Pears
Fresh Fruit Salad

Syracuse Burger OR Classic Burger 29

Cowboy Beans
Pineapple Tidbits
Fresh Fruit

Ravioli w/Sauce 30
Garlic Bread (HS Only)

Tomato Cucumber Salad
Mandarin Oranges
Fresh Fruit

Chicken Noodle Soup w/Crackers

Tossed Salad
Diced Pears
Fresh Fruit Salad

Pepperoni Pizza OR Cheese Pizza 6

Tossed Salad
Diced Peaches
Fresh Fruit

Beef Taco Bowl w/Salsa 7

Vegetarian Refried Beans
Strawberry Cup
Fresh Fruit

Garlic Pizza OR Cheese Pizza 13

Green Beans
Diced Peaches
Fresh Fruit

Sweet & Sour Chicken 14
Over Vegetable Fried Rice

Carrot Zoodles
Strawberry Cup
Fresh Fruit

Buffalo Chicken Pizza OR Cheese Pizza 20

Tossed Salad
Diced Peaches
Fresh Fruit

Mexican Meatballs Over Traditional Rice & Beans 21

Stewed Tomatoes
Strawberry Cup
Fresh Fruit

NO SCHOOL MEMORIAL DAY 27

Caribbean Fish & Chips 28

Red Pepper & Pineapple Salsa
Vegetable of the Day
Strawberry Cup
Fresh Fruit
Contingency Day

It is our intent to have these choices available to all students at all times. However, there may be occasions when choices are limited.

May 2019

Syracuse City School District Pre-K



LUNCH

All Meals served with 1% White Milk

Monday



Tuesday

Wednesday

Thursday

Friday

Pepperoni Pizza 6

Tossed Salad
Diced Peaches

Beef Taco Bowl 7

Salsa
Strawberry Cup

Cheddar Burger 8

Buttered Kernel Corn
Pineapple Tidbits

Toasted Cheese Sandwich 9

Chunky Tomato Soup
Mandarin Oranges

**Chicken & Waffles
w/Syrup** 10

Baked Sweet Potato
Diced Pears

Cheese Pizza 13

Green Beans
Diced Peaches

**Sweet & Sour Chicken
Over Vegetable Fried Rice** 14

Carrot Zoodles
Strawberry Cup

Classic Burger 15

Tossed Salad
Pineapple Tidbits

Cheese Quesadilla 16

Salsa
Mandarin Oranges

**BBQ Chicken
w/Dinner Roll** 17

Baked Beans
Diced Pears

Cheese Pizza 20

Green Peas
Diced Peaches

**Mexican Meatballs Over
Traditional Rice & Beans** 21

Stewed Tomatoes
Strawberry Cup

Cheeseburger 22

Potato Wedges
Pineapple Tidbits

Macaroni & Cheese 23

Broccoli
Mandarin Oranges

Chicken Sandwich 24

Sweet Red Pepper Strips
Diced Pears

27

**NO SCHOOL
MEMORIAL DAY**

Caribbean Fish & Chips 28

Red Pepper & Pineapple Salsa
Strawberry Cup

Contingency Day

Classic Burger 29

Cowboy Beans
Pineapple Tidbits

Ravioli w/Sauce 30

Tomato Cucumber Salad
Mandarin Oranges

Chicken Noodle Soup

Tossed Salad
Diced Pears

It is our intent to have these choices available to all students at all times. However, there may be occasions when choices are limited.