



# NOVEMBER 2018

Syracuse City School District

# Hot Supper

Monday

Tuesday

Wednesday

Thursday

Friday



**5**  
*Buffalo Chicken Slider*  
Celery Sticks w/Ranch  
Canned Fruit  
1% or Skim Milk

**6**  
**Superintendent Conference Day**  
**NO SCHOOL**

**7**  
*Ham & Cheese Melt Slider*  
Carrot Coins  
Fresh Fruit  
1% or Skim Milk

**1**  
*Pot Stickers*  
Fresh Sugar Snap Peas  
Mandarin Oranges  
1% or Skim Milk

**2**  
*Chicken Italian Sausage Sandwich*  
w/Peppers & Onions  
Creamy Italian Cherry Tomatoes  
1% or Skim Milk

**12**  
**Veteran's Day**  
**NO SCHOOL**

**13**  
*Syracuse Sundae Bowls*  
Mashed Potatoes, Meat Gravy  
Kernel Corn  
Heartzel Pretzels  
1% or Skim Milk

**14**  
*Fish Slider w/Tartar Sauce*  
Lettuce & Tomato  
Sweet Potato Crissscuts  
1% or Skim Milk

**8**  
*Chicken Egg Roll*  
w/Sweet & Sour Sauce  
Broccoli  
1% or Skim Milk

**9**  
*BBQ Turkey Slider*  
Creamy Coleslaw  
Baked Beans  
1% or Skim Milk

**15**  
*Pot Stickers*  
Fresh Sugar Snap Peas  
Mandarin Oranges  
1% or Skim Milk

**16**  
*Chicken Italian Sausage Sandwich*  
w/Peppers & Onions  
Creamy Italian Cherry Tomatoes  
1% or Skim Milk

**19**  
*Buffalo Chicken Slider*  
Celery Sticks w/Ranch  
Canned Fruit  
1% or Skim Milk

**20**  
*Crunchy Chicken Taco*  
w/Lettuce & Tomato  
Salsa  
Taco Sauce  
Guacamole  
1% or Skim Milk

**21**  
**Thanksgiving Recess**  
**NO SCHOOL**

**22**  
**Thanksgiving Recess**  
**NO SCHOOL**

**23**  
**Thanksgiving Recess**  
**NO SCHOOL**

**26**  
*Sloppy Joe Sliders*  
Potato Wedges  
Canned Fruit  
1% or Skim Milk

**27**  
*Syracuse Sundae Bowls*  
Mashed Potatoes, Meat Gravy  
Kernel Corn  
Heartzel Pretzels  
1% or Skim Milk

**28**  
*Fish Slider w/Tartar Sauce*  
Lettuce & Tomato  
Sweet Potato Crissscuts  
1% or Skim Milk

**29**  
*Pot Stickers*  
Fresh Sugar Snap Peas  
Mandarin Oranges  
1% or Skim Milk

**30**  
*Chicken Italian Sausage Sandwich*  
w/Peppers & Onions  
Creamy Italian Cherry Tomatoes  
1% or Skim Milk

It is our intent to have these choices available to all students at all times. However, there may be occasions when choices are limited.



# NOVEMBER 2018

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# Cold Supper

Monday

Tuesday

Wednesday

Thursday

Friday



5  
*Cheerios*  
 Pumpkin Seeds  
 Craisins  
 Cheese Stick  
 Wango Mango Juice  
 1% or Skim Milk

6  
**Superintendent Conference Day**  
**NO SCHOOL**

7  
*Protein Rockin'Ola*  
 Yogurt  
 Cinnamon Crisps  
 Raisins  
 Dragon Punch  
 1% or Skim Milk

1  
*Half-Wrap*  
 Turkey & Cheese  
 Lettuce  
 Grape Tomatoes w/ Ranch  
 1% or Skim Milk

2  
*Sunbutter Soufflé Cup*  
 Cheese Stick  
 Heartzel Pretzels  
 Raisins  
 Celery Sticks w/Ranch  
 1% or Skim Milk

12  
**Veterans Day**  
**NO SCHOOL**

13  
*Chicken Caesar Salad*  
 Chicken on Romaine Lettuce  
 Cucumber Slices  
 Caesar Dressing  
 Dinner Roll  
 1% or Skim Milk

14  
*Sunberry Rockin'Ola*  
 Yogurt  
 Berry Muffin Top  
 Wango Mango Juice  
 1% or Skim Milk

8  
*Sunbutter Half-wich*  
 ½ Sandwich on WG Bread  
 Grape Tomatoes w/Ranch  
 Apple Slices  
 1% or Skim Milk

9  
*Hummus Soufflé Cup*  
 WG Crackers  
 Carrot Sticks  
 Celery Sticks  
 1% or Skim Milk

15  
*Half-Wrap*  
 Turkey & Cheese  
 Lettuce  
 Grape Tomatoes w/Ranch  
 1% or Skim Milk

16  
*Sunbutter Soufflé Cup*  
 Cheese Stick  
 Heartzel Pretzels  
 Raisins  
 Celery Sticks w/Ranch  
 1% or Skim Milk

19  
*Cheerios*  
 Pumpkin Seeds  
 Craisins  
 Cheese Stick  
 Wango Mango Juice  
 1% or Skim Milk

20  
*Chicken Salad Scoop Soufflé*  
 WG Crackers  
 Apple Slices  
 Celery Sticks w/ Ranch  
 1% or Skim Milk

21  
**Thanksgiving Recess**

22  
**Thanksgiving Recess**

23  
**Thanksgiving Recess**

26  
*Cinnamon Chex*  
 Sunflower Seeds  
 Dried Cherries  
 Cheese Stick  
 Wango Mango Punch  
 1% or Skim Milk

27  
*Chicken Caesar Salad*  
 Chicken on Romaine Lettuce  
 Cucumber Slices  
 Caesar Dressing  
 Dinner Roll  
 1% or Skim Milk

28  
*Sunberry Rockin'Ola*  
 Yogurt  
 Berry Muffin Top  
 Wango Mango Juice  
 1% or Skim Milk

29  
*Half-Wrap*  
 Turkey & Cheese  
 Lettuce  
 Grape Tomatoes w/Ranch  
 1% or Skim Milk

30  
*Sunbutter Soufflé Cup*  
 Cheese Stick  
 Heartzel Pretzels  
 Raisins  
 Celery Sticks w/Ranch  
 1% or Skim Milk

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# Snack

Monday

Tuesday

Wednesday

Thursday

Friday



5

ABC Graham Crackers  
Cherry Star Juice

6

**Superintendent Conference Day  
NO SCHOOL**

7

Strawberry Yogurt Chex  
Dragon Punch

1

Animal Crackers  
Grape Juice

2

Goldfish  
Orange Tangerine Juice

8

DOT Vanilla Grahams  
Very Berry Juice

9

Scooby Doo Bones  
Strawberry- Kiwi Juice

12

**Veterans Day  
NO SCHOOL**

13

Cheez-its  
Orange Tangerine Juice

14

Heartzel Pretzels  
Sun Butter  
Paradise Punch

15

Strawberry Sport Grahams  
Wango Mango Juice

16

Despicable Me Grahams  
Cherry Star Juice

19

Annie's Cheddar Bunnies  
Apple Juice

20

Cinnamon Crisps  
Fruit Punch

21

**Thanksgiving Recess  
NO SCHOOL**

22

**Thanksgiving Recess  
NO SCHOOL**

23

**Thanksgiving Recess  
NO SCHOOL**

26

ABC Graham Crackers  
Cherry Star Juice

27

Ranch Spikers  
Apple Juice

28

Strawberry Yogurt Chex  
Dragon Punch

29

DOT Vanilla Grahams  
Very Berry Juice

30

Scooby Doo Bones  
Strawberry- Kiwi Juice

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