



**Food Bank of Central New York's Food \$en\$ Program
For the Frazer School Community - **DECEMBER 2020****

Westside site: St. Mark the Evangelist Episcopal Church,
1612 West Genesee St. ~ (315) 488-8511

Where can I sign up? *St. Mark's Church, address above*

When can I sign up?

Sundays, NOV. 29 & DEC. 6 —10 AM - 12 Noon

Thursday, Dec. 3— 4-6 PM

Saturday, Dec. 5—10 AM - 12 Noon

Orders are prepaid using cash or EBT cards.

Pick up Day & Time:

Wednesday, DEC. 16

11:30 AM to 1:30 PM

(We cannot hold orders;

someone may pick up for you if you are unable to come during these hours. Bring receipt.)

The standard monthly package is always \$20.50. Its retail value is typically 2x that. This month it contains:

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|------------------------------------|---------------------------------|
| - Pork Tenderloin, 1.7 lbs. (avg.) | - Honey Nut Cereal, 12.9 oz. |
| - Chicken Drumsticks, 3 lbs (avg.) | - Pancake Mix, 32 oz. |
| - Fish Sticks, 1 lb. | - Apple Juice, 64 oz. |
| - Ground Turkey, 1 lb. | - Frozen Strawberries, 16 oz. |
| - Fresh Eggs, 1 dozen | - Frozen Diced Potatoes, 16 oz. |



DECEMBER Specials:

Spiral Ham: 8-10 lbs. (avg.) for \$21.00 - The spiral hams average between 8 & 10 pounds per special.

Italian Meatballs: 5 lbs. for \$12.50 - The Italian meatballs are fully cooked and are in a five pound bag.

Stuffed Chicken Breast: 2 lbs. for \$8.50 - The chicken breasts are stuffed with apples and cranberries.

Breakfast Sausage: 3 lbs. for \$8.00 - The breakfast sausage is made locally in Utica, NY.

Mozzarella Sticks: 2 lbs. for \$6.50 - The mozzarella sticks are par-cooked and ready for the oven or fryer.

Stuffed Shells: 4 lbs. for \$6.00 - The stuffed shells are stuffed with a ricotta cheese filling.

No limits on quantities ordered.

Special in December!

Each customer will receive FREE Bread at pickup...

St. Mark's CLOTHES CLOSET is Currently Suspended

**St. Mark Food Pantry for our 13204 neighbors is open on
Wednesdays & Thursdays from 11 a.m. to 1 p.m.**

***Please visit our website for the current status of all our ministries, events & Sunday service:
www.stmarkssyracuse.com***